

## Why You Can Trust Our Website Resources



### Laurel Lagoni, M.S.

former Director, Argus Institute  
Colorado State University

“I spent 20 years helping pet parents like you face the deaths of their pets. As one of the first clinical grief counselors in veterinary medicine, I gained wisdom about pet loss from my veterinary colleagues.

Now I want to share that wisdom with you. In the Veterinary Wisdom® Resource Center at [www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents), you'll find articles and referral resources you can trust about end-of-life decisions and healing grief. I hope it will comfort you and your family as you say good-bye to your beloved pet.”

Our Resource Center is available 24/7. You'll find free eBooks and articles like:

#### eBooks

- *Helping Children Through a Pet's Euthanasia*
- *The Pet with Cancer*

#### Articles

- *8 Tips for Making Decisions for Your Pet*
- *5 Ways to 'Bounce Back' from Grief*
- *Helping a Pet Grieve for a 'Buddy'*
- *Making the Decision to Euthanize Your Pet*

You can also join our Pet Parents Facebook Group at [www.facebook.com/groups/petparentswisdom/](http://www.facebook.com/groups/petparentswisdom/)

*“Your resource center was truly oxygen to me. I felt like I was suffocating in my grief. I liked yours the best out of the other ones I found. I will tell my vet and my friends that your resources are out there. I am so glad you are there. Thanks again!”*

--Chris, pet parent, Brussels, Belgium

## [www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents)

is brimming with information to help you through the decisions you must make in the days and weeks ahead. Our resources and referrals are carefully chosen to provide thoughtful, helpful support. We're here to help you so the end of your pet's life can unfold in ways that are acceptable and meaningful to you.

### To honor your pet's last days, as well as his or her entire life, be sure to:

- **take photos** with each person who loves your pet. Do you think you already have these photos? Check again. Most of us discover we don't have them until it's too late.
- **videotape your pet** during daily routines. Sound boring? When these rituals no longer mark the phases of your days, watching your pet eat breakfast or snuggle in a chair may be the familiar scenes you'll miss most.

This is a sensitive time. Be sure to take care of yourself with as much compassion as you have for the pet you love.



### Bereavement products for...

Veterinary Care Providers:  
[www.veterinarywisdom.com](http://www.veterinarywisdom.com)

Human Healthcare Providers:  
[www.caringwisdom.com](http://www.caringwisdom.com)

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# We Care

Veterinary Wisdom® about Preparing for Loss



Photo: Compassionate Eye Foundation/Jetta Productions/Getty Images

Your veterinary team wants you to have information you can trust about facing the loss of your beloved pet. We created [www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents) to help your veterinary team help you.

Together, your veterinary team and the resources on our website can guide you through the difficult and important decisions that create a loving and meaningful good-bye for your pet.

Visit us at

[www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents)

*When you know the time is coming, [www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents) can help prepare you for pet loss.*

You love and care for your pet with all your heart. Yet, the sad fact is most pets don't live as long as we do. When you love your pets, you must also be prepared to lose them.

Preparing for pet loss begins the moment you realize the time has come to turn your thoughts toward how and when you want to say good-bye.



Photo: ©iStockphoto.com/happyborder

## PLAN AHEAD

It's not easy to prepare for loss. Yet, wisdom gleaned from experts says making key decisions *before* your pet dies often makes coping with grief a bit easier. These might include determining:

- who else may want to see your pet and say good-bye
- where you hope to say good-bye
- what you want to do with your pet's body

Making these decisions *before* your pet dies may help you be:

- less likely to have regrets after your pet has died
- less anxious about facing those final moments
- more ready to support your children and others who love your pet

## Talk to your veterinarian

Much of the sadness and anxiety you're feeling probably comes from not knowing what to do. *Now* is the time to talk with your veterinarian about euthanasia and the kind of support he or she will provide for your family. Every veterinary team performs euthanasia in a slightly different way. This conversation will help you understand what you and your pet may experience.



Photo: ©iStockphoto.com/aabejon

## Help your family organize details

Knowing what to do to prepare *before* your pet dies makes grief a more healing experience.

- confirm times and dates for your pet's euthanasia or memorial service with family and friends so they'll be available when you need support
- gather the poems, photos, and memorabilia you'll want for your pet's tribute, memorial, or funeral
- if necessary, visit pet crematories/cemeteries in your area and choose one to care for your pet's body



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## FIND SUPPORT FOR YOUR GRIEF

Talking about your feelings often brings the emotional support you need. Your veterinarian can tell you about the pet loss support resources in your area.



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Our pet parent Resource Center is also there for you. Our resources reflect the collective wisdom of some of the most experienced veterinarians and veterinary grief specialists in the country.

At [www.VeterinaryWisdom.com/petparents](http://www.VeterinaryWisdom.com/petparents), you'll find:

- carefully screened and recommended resources
- referrals to experienced, reputable pet loss counselors and help lines
- products to bring you comfort and ease your pain
- a social media community that explores the emotional and spiritual aspects of loving and losing companion animals

## BEGIN AGAIN

When you decide to share your life with a new pet, your veterinarian and our pet parent resources are there when you're ready to begin again. The circle of life goes 'round and 'round and our care for you continues on...

## We Care

Thank you for allowing us to pass on our wisdom about pet loss and pet love to you and your family.